



## ROGERS COUNTY DAV CHAPTER 44



Vol. 7 No. 1

March 2018

(918) 342-8990

801 W. DuPont (PO Box 2446) Claremore, Oklahoma 74018

**Next Meeting: 19 March 2018**

**Dinner & Speaker @ 1800**

**Meeting @ 1900**



*DAV Chapter 44 Commander, C.J. Masters*



*Editor's Note: As many of our regulars may recall, we had some dissention in our ranks this past summer. At our Sept meeting, Commander Masters started to read the below statement, but due to his compassion for and the passion for the service he provides, he was unable to complete the reading of this statement.*

"It is with great pride and excitement that I come before the members of Rogers County DAV Chapter 44 to "Thank" each one of our members for the hard work and "unity" that each one of you strive to give to this chapter.

"Chapter 44 prides itself in its ability to take "diversified" disabled veterans and accept them into our DAV chapter, working with "unity" to reach a common goal to serve, "We are Veterans helping Veterans." It is this "diversity" and our "love" for our brothers and sisters, that have served our great nation that makes our chapter "STRONG!" I am proud to be the Commander of Chapter 44.

"I have enjoyed watching our chapter grow in membership, strength, and unity. Of course, there are growing pains. However, we must continue to put aside our personal differences and work TOGETHER to serve "ALL Disabled Veterans in our community. The best service we can

offer our fellow disabled veterans and their spouses, is acceptance, love, and provide a place to serve others."

"It is important to be a member of DAV Chapter 44, but it is also important to allow each disabled veteran and auxiliary member the opportunity to have a purpose and serve in our chapter. As each one of you know, "The Harvest is great and the workers are few." (Luke 10:2)

"As the Commander of Rogers County DAV Chapter 44, I want to make sure that EVERY MEMBER OF OUR DAV FAMILY that makes a choice to "VOLUNTEER TO SERVE" our disabled veterans and veteran widows is given the opportunity to do just that. For it is the dedication of "ALL" our volunteers that make us the number "1" chapter of Oklahoma in my eyes.

"Every member (of our chapter and auxiliary) WILL BE given that opportunity to serve in some capacity and will be given a place in our DAV family. I hope that each one of YOU will join us in this great task to serve so that we can continue to grow in membership and volunteers. It is an honor to accept the call of duty, to serve to meet the needs of our disabled veterans and widows.

"Thank you to all our current volunteers and our New VOLUNTEERS. I look forward to working with each of you as you volunteer your time, talent, and skills to meet the needs of the vast number of disabled veterans and their spouses and disabled veteran widows. Please contact the office to volunteer and become a part of our DAV family."

### **Table of contents:**

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**Green Country Veterans Benefit  
GOLF TOURNAMENT  
Friday, September 14, 2018  
Mohawk Park's Woodbine Course**

## Calendar of Events for 2018

Jan 15—Meeting—done

Feb 19—Meeting—done

Mar 19—Meeting

Apr 18—Food Drive

Jun 3-5—CSO training

Jun 18—Meeting

Jul 17—Food Drive

Sep 17—Meeting

Oct 17—Food Drive

Nov 19—Meeting

Jan 17—Food Drive

Mar 9-10—Conference

Apr 16—Meeting

May 21—Meeting

Jun 5-7—State Convention

Jul 16—Meeting

Aug 20—Meeting

Oct 15—Meeting

Oct 26-Nov 12—Golden Coral

NO December 2018 Meeting

## RAFFLES

Upon approval from Department HQ, we will raffle a Benelli Nova 12 ga Pump Shotgun. Tickets will be \$1 each or 6 for \$5

**Sign up for DAV CAN,** [www.dav.org/learnmore/legislation/join-action-network-takeaction](http://www.dav.org/learnmore/legislation/join-action-network-takeaction).

### Shop @ the Meeting

Show your chapter pride with a Chapter 44 T-shirt

Chapter T-Shirt—\$20 (sold @ Chapter Bldg)

Can Koozies—\$3 ea or 2 for \$5

Pins: Branch Seal—\$3

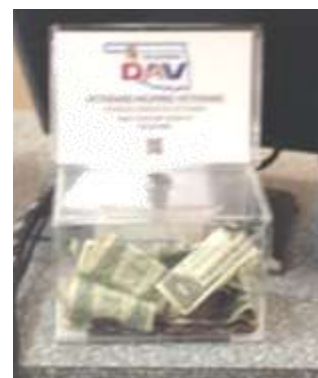
Branch Seal Stickers—\$3

Bumper Stickers—\$4

Branch Tote Bags—\$10

Branch Watch Caps—\$10

(These items also sold at the Chapter.)



## TAPS

Remembering the ones  
we lost in 2017



# Chapter Happenings

Ash Bobby L

Bilby, Harold Douglas

Butler, Marshall T

Combs, Jim W0

Davidson, Kenneth W

Dick, Evert H

Dobbs, William H

English, David O

Estep, Billy R

Fossa, Thomas J

Griffin, Charles E

Johnson, Pat

Lee, George Washington

Lester, Rodney D

Lewis, Samuel H

Lloyd, Richard D

Matthews, Nelson N

McFarlin, Tommie A

Miller, Chas R

Montgomery, Benny R

Moseley, Roger A

Myers, Donald E

Ouverson, Larry L

Patterson, Thomas E

Penner, Otto

Roberts, William E

Starkey, Edward C

Stites, Clarence Fred

Stowers, Russell

Williams, William J

### Officer Changes:

- Sr Vice Ronnie Elliott stepped down due to family health reasons
- Jim Harris stepped up to Sr Vice from Jr Vice
- Will Williams was elected as 1st Jr Vice
- Phil Schermer was elected as 2nd Jr Vice

### 2017 Emergency Grants:

- 57 veterans and/or widows
- Total amount of \$30,022.01

### 2017 Volunteer Hours:

- Service Officer Hours—4987.25
- Fundraising Hours—992
- Outreach Hours—1626.75
- Veteran Assistance Hours—2855.75
  - **2777 Veterans assisted**
- Transportation/Dispatch Hours—2658.5
  - 175 Clients transported
  - 11862.5 miles driven
  - **WE NEED MORE DRIVERS**

### 2017 Financial:

Total Income: \$65,916.33

Total Expenses: \$59,227.11

Total Assets: \$37,072.86



## Unit 44, Auxiliary

### Projects our DAVA members participated in 2017:

- Collected books for Veteran Center
- Worked on Christmas for Veterans state wide in rest homes
- Bought Christmas presents for Veterans at local vet center that had no families

## WELCOME

60 New & Transferred-in  
Members in 2017

- Assisted sick veterans in their homes
  - Fundraisers including 1 garage sale
  - Distributed food to community food banks
  - Assisted in handing out food to needy families in Rogers County
  - Prepared and served meals to the homeless
  - Assisted community families with food, clothing, money to pay rent and rides for senior citizens to their medical appointments
  - Donated money and work time to the women shelters
  - Attended veterans funerals
  - Taped veterans stories and copied the US Congress History Project
  - Donated money to community church's to help care for their needy families
- Worked on garage sales all proceeds went to homeless shelters



## Healthy Living

### Eat Healthy

Eating a nutritious diet can help you improve your overall health and maintain a healthy weight.

The Dietary Guidelines for Americans recommend that you:

#### Eat more....

- Fruits and vegetables in a variety of colors
- Whole grains (at least half of your grains)
- Fat-free or low-fat dairy

**Variety of proteins including seafood, lean meat and poultry, eggs, beans, soy, nuts and seeds**

#### Eat less....

- Sodium
- Cholesterol
- Saturated fats

- Sugary drinks

### Refined grains

## Be Active

Regular physical activity can improve your health, no matter your age.

If you're active, you can:

- Lower your risk of certain illnesses & diseases
- Help you lose weight
- Help you keep off the weight

The Physical Activity Guidelines for Americans recommend:

- Children and teenagers get one hour of physical activity every day
- Adults get:
  - Two hours and 30 minutes of moderate aerobic activity weekly, or
  - One hour and 15 minutes of vigorous aerobic activity weekly, and
  - Muscle strengthening exercises at least twice a week
- Any activity is better than none

<https://health.mil/>

<https://health.mil/Military-Health-Topics/Operation-Live-Well/Focus-Areas/Nutrition>

## Nutrition

Consuming a variety of nutritious foods and beverages keeps you performing and looking your best, whether you are 8, 18, or 80. Discover how to eat well and find some easy, great tasting, and great-for-you recipes by visiting the sites listed below:

### Cookbooks

- [Eat Well to Live Well](#)
- [Herbs](#)
- [Grill and Chill](#)
- [A to Z Guide of Cooking Tips](#)
- [Favorite Fall & Holiday Recipes](#)







U.S. Department  
of Veterans Affairs

# News Release

Office of Public Affairs  
Media Relations

Washington, DC 20420  
(202) 461-7600  
[www.va.gov](http://www.va.gov)

February 21, 2018

## A Year in Review: Teamwork and Modernization at VA Office of Information and Technology

**WASHINGTON** — Today the U.S. Department of Veterans Affairs (VA) Office of Information and Technology (OIT) released its 2017 Year in Review (<https://www.oit.va.gov/reports/year-in-review-2017/index.cfm> to download the whole report) to celebrate the tremendous progress OIT has made in the past year toward creating a modern VA and an enhanced Veteran experience.

The Year in Review details OIT's pivotal shift from its transformation efforts of 2016 into a new era of modernization aimed at streamlining VA services and improving the Veteran experience.

"I know modernizing an agency of our size and geographic breadth is no easy task," said VA Secretary David Shulkin. "But it is not a task that is out of our reach. If we set bold goals and miss, we'll make much more progress than we would by setting smaller goals and exceeding them."

The Year in Review includes information on IT initiatives, such as VA's new White House hotline (855-948-2311) and REACH VET (Recovery Engagement and Coordination for Health – Veterans Enhanced Treatment) — initiatives designed to field requests for information and eliminate Veteran suicide through early engagement of at-risk individuals; and Lighthouse, a new tool that will enable Veterans to manage their own health experience holistically on a secure, streamlined and interoperable platform.

Other modernization efforts detailed in the report, such as VA's cybersecurity overhaul and improvement of the electronic health record offer a glimpse into the future of Veteran health care and benefits delivery.

The accomplishments detailed in OIT's 2017 Year in Review represent a departure from methods used in the past and signal a bright, innovative future for the standard of care for the nation's Veterans. ###

Jan. 12, 2018

## VA Facilities Now Offer Same-day Care for Urgent Primary and Mental Health-care Needs

**WASHINGTON** — Today the U.S. Department of Veterans Affairs (VA) announced a major milestone, that 100 percent of its more than 1,000 medical facilities across the country now offer same-day services for urgent primary and mental health-care needs.

Same-day services means a Veteran with an urgent need for primary care and mental health-care receives services that may include: a face-to-face visit with a clinician; advice provided during a call with a nurse; a telehealth or video care visit; an appointment made with a specialist; or a prescription filled the same day, depending upon what best meets the needs of the Veteran.

"We made a commitment to our nation's Veterans that we would work to reduce wait times and improve access, and we are doing it," said VA Secretary Dr. David J. Shulkin. "We were able to meet this goal, in large part, because of the concerted focus of our staff who care for our Veterans in facilities across the country."

<https://www.accesstocare.va.gov/> ###

**CHAPTER SERVICE OFFICER HOURS**

Tuesday &amp; Thursday 0900-1900

Wednesday 1500-1830

**MONTHLY MEETING****3rd Monday @ 7pm—Dinner @ 6pm****DISABLED AMERICAN VETERANS**

Rogers County Chapter #44

801 W DuPont

PO Box 2446

Claremore, OK 74018

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CLAREMORE, OKLAHOMA

PERMIT NO 44

**RETURN SERVICE REQUESTED**

C.J. Masters, Commander

Jim Harris, Sr Vice Commander

Will Williams, 1st Jr Vice Commander

Phil Schermer, 2nd Jr Vice Commander

Ann Schermer, Adjutant

Bill Allen, Treasurer

Cliff Crawford, Chaplain

Jim George, Sgt of Arms

*okdav44@yahoo.com*

Facebook: OKDAV CHAP 44

**2018 MEETING DATES**

15 January 2018

19 February 2018

19 March 2018

16 April 2018

21 May 2018

18 June 2018

16 July 2018

20 August 2018

17 September 2018

15 October 2018

19 November 2018

NO December Mgt

**FULFILLING OUR PROMISES**  
TO THE MEN AND WOMEN WHO SERVED